






# April - ayīkipīsim - Frog Moon 2024

## Main Site 3079 5th Avenue

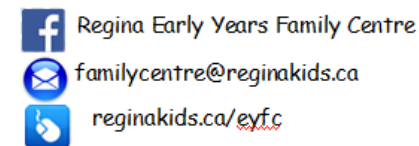
 Regina Early Years Family Centre  
 familycentre@reginakids.ca  
 reginakids.ca/eyfc

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b><u>Tuesday Evening Triple P Zoom Sessions</u></b>            For more information on any of these evening Triple P Sessions or to pre-register for any of these sessions email Dunja at <a href="mailto:dluzar@earlylearning.ca">dluzar@earlylearning.ca</a></p>	<p><b><u>Literacy At Play Library Sites:</u></b>  <b>Sherwood Village - 6121 Rochdale Blvd.</b>  <b>Sunrise - 3130 Woodhams Drive</b>  <b>Glen Elm - 1601 Dewdney Avenue East</b>  <b>Albert - 3355 6th Avenue</b></p>		
<p>1  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Albert Branch- 1:00-2:30pm</b>  <b>Mommy &amp; Me Yoga - Main Site 1:00-2:00pm</b></p>	<p>2  <b>Literacy at Play - Sherwood Village Library 9:45am-11:45am</b>  <b>Triple P Tantrums - Zoom Session with Dunja 7:00pm (Pre-registration Required)</b></p>	<p>3  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Sunrise Library 9:45am-11:45am</b></p>	<p>4  <b>Literacy at Play - Glen Elm Library 9:45am-11:45am</b></p>
<p>8  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Albert Branch- 1:00-2:30pm</b>  <b>Mighty Movers - 1:00-2:00pm</b></p>	<p>9  <b>Literacy at Play - Sherwood Village Library 9:45am-11:45am</b>  <b>Triple P Potty Training - Zoom Session with Dunja 7:00pm (Pre-registration Required)</b></p>	<p>10  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Sunrise Library 9:45am-11:45am</b>  <b>Feeding Baby Solids - 10:00 am-11:00 am</b></p>	<p>11  <b>Literacy at Play - Glen Elm Library 9:45am-11:45am</b>  <b>Fathers Group - 6:00-8:00 pm</b></p>
<p>15  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Albert Branch- 1:00-2:30pm</b>  <b>Mighty Movers - 1:00-2:00pm</b></p>	<p>16  <b>Literacy at Play - Sherwood Village Library 9:45am-11:45am</b>  <b>Triple P Screen Time- Zoom Session with Dunja 7:00pm (Pre-registration Required)</b></p>	<p>17  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Sunrise Library 9:45am-11:45am</b></p>	<p>18  <b>Literacy at Play - Glen Elm Library 9:45am-11:45am</b></p>
<p>22  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Albert Branch- 1:00-2:30pm</b>  <b>Mighty Movers - 1:00-2:00pm</b></p>	<p>23  <b>Literacy at Play - Sherwood Village Library 9:45am-11:45am</b>  <b>Triple P - Success at School Zoom Session with Dunja 7:00pm (Pre-registration Required)</b></p>	<p>24  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Sunrise Library 9:45am-11:45am</b></p>	<p>25  <b>Literacy at Play - Glen Elm Library 9:45am-11:45am</b></p>
<p>30  <b>Drop In Play - 9:00am-4:00pm</b>  <b>Literacy at Play - Albert Branch- 1:00-2:30pm</b>  <b>Mighty Movers - 1:00-2:00pm</b>  <b>Meet the Speech Language Pathologist - 2:00 pm - 4:00pm</b></p>	<p>31  <b>Literacy at Play - Sherwood Village Library 9:45am-11:45am</b>  <b>Triple P ADHD - Zoom Session with Dunja 7:00pm (Pre-registration Required)</b></p>		




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## St. Matthew Site 4710 Castle Road



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	2 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Preschool Picasso</b> - 9:00 am - 12:00 pm	3 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Fun with Felt - Interactive Felt Story Time</b> 1:00 pm	4 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Young Scientists</b> - 2:00 pm-2:30 pm	5 <b>Drop In Play</b> - 9:00 am - 2:00 pm <b>Eensy Weensy Rhymers:</b> 10:00-11:00 (pre-registration required)
8 <b>SITE CLOSED</b>	9 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Preschool Picasso</b> - 9:00am-12:00pm	10 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Fun with Felt - Interactive Felt Story Time</b> 1:00 pm	11 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Young Scientists</b> - 2:00 pm-2:30 pm	12 <b>Drop In Play</b> - 9:00 am - 2:00 pm <b>Eensy Weensy Rhymers:</b> 10:00-11:00 (pre-registration required)
15 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	16 <b>Drop In Play</b> - 9:00am-12:00pm and 1:00pm-4:00pm <b>Preschool Picasso</b> - 9:00am-12:00pm	17 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Fun with Felt - Interactive Felt Story Time</b> 1:00 pm	18 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Young Scientists</b> - 2:00 pm-2:30 pm	19 <b>Drop In Play</b> - 9:00 am - 2:00 pm
22 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	23 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Preschool Picasso</b> - 9:00am-12:00pm	24 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	25 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Young Scientists</b> - 2:00 pm-2:30 pm	26 <b>Drop In Play</b> - 9:00 am - 2:00 pm
30 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm	31 <b>Drop In Play</b> - 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm <b>Preschool Picasso</b> - 9:00am-12:00pm			

	<p><b>Have questions about play or your child's development?</b></p> <p>Call in and ask one of our facilitators:          Available between 9:00 am-4:00 pm Monday to Thursday          &amp;          Fridays from 9:00 am-1:00 pm</p>	
	<p><b><u>Wednesday Evening Zoom Sessions-Triple P</u></b></p> <p>Please Pre Register for any of the following zoom sessions by emailing Dunja at <a href="mailto:dluzar@earlylearning.ca">dluzar@earlylearning.ca</a></p> <p><b><u>All Sessions at 7:00 pm</u></b></p> <p><b><u>Tuesday April 2nd 2024</u></b>  <b>Tantrums</b></p> <p><b><u>Tuesday April 9th 2024</u></b>  <b>Potty Training</b></p> <p><b><u>Tuesday April 16th, 2024</u></b>  <b>Screen Time</b></p> <p><b><u>Tuesday April 23rd, 2024</u></b>  <b>Success at School</b></p> <p><b><u>Tuesday April 30th, 2024</u></b>  <b>ADHD</b></p>	<p><b>Triple P Supports</b>  <b>Available between</b>  <b>8:30-4:30</b>  <b>Monday to Friday</b></p> <p>Dunja Luzar (306) 520-2074  <a href="mailto:dluzar@earlylearning.ca">dluzar@earlylearning.ca</a></p> <p>Pam Ashurst (306) 519-6616  <a href="mailto:pashurst@earlylearning.ca">pashurst@earlylearning.ca</a></p> <p>Shalene Keepness          (306) 535-5157  <a href="mailto:skeepness@earlylearning.ca">skeepness@earlylearning.ca</a></p>

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reginaperinatalhealthnetwork



Regina Perinatal Health Network

Perinatal Mood & Anxiety Disorders (PMAD) like Postpartum Depression affect 1 in 5 birthing people every year and we know, without a doubt, that untreated perinatal mental illness significantly impacts the development of young children. The Regina Perinatal Health Network is a program of the Regina Early Learning Centre and offers FREE, online, prenatal & postpartum support to new and expectant families.

