

REGINA CHILDREN'S CHARTER



This Charter applies the wisdom and commitment of our community to respect and holistically support children emotionally, intellectually, spiritually, and physically.

The right to have basic needs met

- in a safe, stable, secure environment,
- with access to quality housing and care,
- with access to sufficient, safe, nutritious food and clean drinking water,
- with access to services and supports including quality health and dental care.

The right to be safe

- in a community committed to freedom and peace,
- in a home with a supportive family circle, free from neglect, bullying, racism, and exploitation,
- with the opportunity for exploration, risk taking, and recreation.

The right to be you

- to be proud of who you are; your cultural identity, religious beliefs, abilities, and individual values,
- to have a sense of belonging, mastery, independence, and generosity,
- to be appreciated for who you are, the same and yet different from everyone else,
- to be free to express your feelings.

The right to belong

- in a community that responds, embraces, and accepts you,
- in a family that advocates for you and makes you feel secure and comfortable,
- to feel included, useful, and needed.

The right to loving relationships

- with a nurturing parent/caregiver who provides guidance and is connected to supportive family and friends,
- with at least one adult who believes in your hopes and dreams,
- with a family who does their best to support your spiritual, physical, mental, emotional, and intellectual growth.

The right to lifelong learning

- within a family that accesses play resources to build an excitement for learning,
- through early experiences that provide a strong foundation and readiness for formal education,
- through a quality education, inclusive to all, preparing confident learners ready to pursue their goals.

The right to play and be physically active

- to experience play as the work of childhood,
- to understand play as artistic, cultural, affordable, and accessible to all,
- to prepare for lifelong communication, cooperation, and participation.

The right to contribute

- to have a voice and the ability to influence decisions
- to know you are seen, heard, respected, and treated with dignity

