

Triple P Positive Parenting Program Individual Consultations

Are you looking for new ideas for specific and challenging behaviors in your 0 to 6 year old?

Whether the issue is sleeping, eating, tantrums or disobedience or any other typical behavior challenge, Triple P can help. Meet with an accredited Triple P practitioner for up to four confidential sessions that will help you manage behavior, learn how to track and monitor your child's behavior and understand why behaviors occur, and feel more confident making parenting decisions and sticking to them!



For more information contact: triplep@reginakids.ca (306) 520-2074

By Appointment No Charge

